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EZ2[®]RNA/miRNA Tissue/Cells Kit Handbook

For automated purification of total RNA including small RNAs using
EZ2 Connect instruments

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Kit Contents

EZ2 RNA/miRNA Tissue/Cells Kit	(48)
Catalog no.	959035
No. of reactions	48
Buffer RLT*	45 mL
RNase-Free DNase I (lyophilized)	2 x 1500 units†
Proteinase K	1.4 mL
RNase-Free Water (for use with RNase-free DNase I)	3 x 1.9 mL
EZ2 RNA/miRNA Tissue/Cells Cartridges*	48
Disposable Tip Holders	50
Disposable Filter Tips	50
Elution Tubes (1.5 mL)	50
Sample Tubes (2 mL)	50
Q-Card‡	1
Quick-Start Protocol	1

* Contains chaotropic salt. Not compatible with disinfecting agents containing bleach; see page 7 for Safety Information .

† Kunitz units, defined as the amount of DNase I that causes an increase in A_{260} of 0.001 per minute per milliliter at 25°C, pH 5.0, with highly polymerized DNA as the substrate (1).

‡ The information encoded in the bar code on the Q-Card is needed for reagent data tracking using the EZ2 Connect instruments.

Shipping and Storage

The EZ2 RNA/miRNA Tissue/Cells Kit is shipped at ambient temperature. Upon receipt, store the DNase I at 2–8°C. Store all other kit components dry at room temperature (15–25°C).

When stored properly, buffers and reagent cartridges are stable until the expiration date on the Q-Card and the kit label.

Intended Use

The EZ2 RNA/miRNA Tissue/Cells Kit is intended for molecular biology applications. This product is not intended for the diagnosis, prevention, or treatment of a disease.

All due care and attention should be exercised in the handling of the products. We recommend all users of QIAGEN® products to adhere to the NIH guidelines that have been developed for recombinant DNA experiments, or to other applicable guidelines.

The EZ2 RNA/miRNA Tissue/Cells Kit is intended to be used with EZ2 Connect instruments, including EZ2 Connect, EZ2 Connect Fx, and EZ2 Connect MDx.

Safety Information

When working with chemicals, always wear a suitable lab coat, disposable gloves, and protective goggles. For more information, please consult the appropriate safety data sheets (SDSs). These are available online in convenient and compact PDF format at www.qiagen.com/safety, where you can find, view, and print the SDS for each QIAGEN kit and kit component.

CAUTION DO NOT add bleach or acidic solutions directly to the sample preparation waste.



Buffers in the EZ2 RNA/miRNA Tissue/Cells cartridge contain chaotropic salts, which can form highly reactive compounds when combined with bleach. If liquid containing these buffers is spilled, clean with a suitable laboratory detergent and water. If the spilled liquid contains potentially infectious agents, clean the affected area first with laboratory detergent and water, and then with 1% (v/v) sodium hypochlorite.

If liquid containing potentially infectious agents is spilt on the EZ2 Connect instrument, clean the affected area first with laboratory detergent and water, and then with disinfectants and detergents compatible with metallic surfaces as listed in the *EZ2 Connect and EZ2 Connect Fx User Manual* (www.qiagen.com/HB-2908).

Quality Control

In accordance with QIAGEN's ISO-certified Quality Management System, the components of the EZ2 RNA/miRNA Tissue/Cells Kit is tested against predetermined specifications to ensure consistent product quality.

Introduction

RNA analysis has become state of the art to analyze cell and tissue phenotypes. Interest in smaller RNA species, such as miRNA, has increased over the past years as researchers understand the regulatory role of small non-coding RNAs. The EZ2 RNA/miRNA Tissue/Cells Kit is designed for purification of total RNA — including miRNA and other small RNA — from cultured cells and various animal and human tissues.

The EZ2 RNA/miRNA Tissue/Cells Kit offers a phenol-free protocol to isolate high yields of total RNA including miRNA from up to 30 mg frozen and 15 mg stabilized tissue or up to 5×10^6 cells.

The EZ2 RNA/miRNA Tissue/Cells Kit provides a convenient, streamlined procedures for efficient, automated purification of RNA from tissue or cells including enzymatic removal of proteins and gDNA.

Principle and procedure

This protocol describes usage of the EZ2 RNA/miRNA Tissue/Cells Kit on the EZ2 Connect instruments. The EZ2 RNA/miRNA Tissue/Cells procedure starts with a manual lysis in buffer RLT, which protects RNA molecules. This is followed by a Proteinase K digestion under optimized conditions to ensure complete lysis of even difficult-to-lyse tissue and thereby release of RNA. All following steps are carried out on the EZ2 Connect instrument. After first binding to magnetic beads, RNA is treated with DNase to digest contaminating genomic DNA and is then rebound to magnetic particles. Contaminants that may interfere with following enzymatic reactions are removed in subsequent washing steps.

RNA is eluted in 50 or 100 μ L RNase-free water. Isolated RNA is compatible with RT-PCR, digital PCR, and NGS workflows. If necessary, RNA can be stored long term at -30°C to -15°C .

Automation

The EZ2 Connect instruments can perform all steps following lysis of the sample. This automation is based on magnetic particle technology and includes RNA binding, DNase digestion, washing, and elution. Up to 24 samples can be processed in a single run.

Magnetic-particle technology combines the speed and efficiency of silica-based RNA purification with the convenient handling of magnetic particles. RNA is isolated from lysates in one step through its binding to the silica surface on the particles in the presence of a chaotropic salt. The particles are subsequently separated from the lysates using a magnet. An additional washing step removes any residual contaminants. Finally, RNA is efficiently eluted.

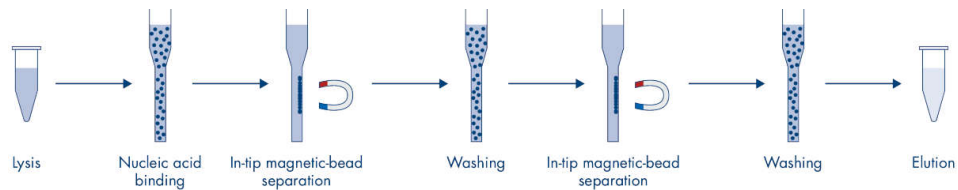


Figure 1. Principle of the EZ2 technology.

Real-time RT-PCR detection of miRNAs using the miRCURY® LNA® miRNA PCR system

In general, RT-PCR is recommended to accurately quantify yields of miRNA. The miRCURY LNA miRNA PCR system allows sensitive and specific quantification and profiling of miRNA expression using SYBR® Green–based or probe-based real-time PCR. Both the SYBR® Green detection–based miRCURY LNA miRNA PCR system and the probe-based miRCURY LNA miRNA Probe PCR System comprise all the required components to set up and conduct miRNA quantification and expression profiling, from conversion of RNA into cDNA to real-time PCR detection of miRNAs and straightforward data analysis. The systems both use the same miRCURY LNA RT Kit for generation of a universal first-strand cDNA synthesis – one cDNA reaction for all miRNAs. Each system then has its own dedicated master mix kit, the miRCURY LNA SYBR® Green PCR Kit and the miRCURY LNA miRNA Probe PCR Kit, as well as a broad variety of system-specific LNA-enhanced miRCURY LNA assay and panel products. The RNA Spike-In Kit enables quality control of the RNA isolation, cDNA synthesis, and PCR amplification steps of miRCURY LNA miRNA qPCR experiments.

For both systems, individual assays for mature miRNAs for a variety of different species can be ordered on GeneGlobe® (www.qiagen.com/GeneGlobe). Alternatively, for high-throughput and screening experiments, miRCURY LNA PCR Panels and miRCURY LNA Probe PCR Panels enable rapid profiling of the complete miRNome. Other Focus panels such as the miRCURY LNA miRNA Serum/Plasma Focus PCR Panel and the Serum/Plasma Focus Probe PCR Panel are available for the detection of mature miRNAs. Find out more about the miRCURY LNA miRNA PCR systems at www.qiagen.com.

Equipment and Reagents to Be Supplied by User

When working with chemicals, always wear a suitable lab coat, disposable gloves, and protective goggles. For more information, consult the appropriate safety data sheets (SDSs), available from the product supplier.

- EZ2 Connect instrument (cat. no. 9003210)
- Microcentrifuge with rotor for 2 mL tubes (up to 21,000 x g)
- Pipettors (2–1000 μ L)
- Microcentrifuge Tubes (e.g., Safe-Lock Tubes [Eppendorf®, cat. no. 0030 120.086 or 0030 120.094])
- 14.3 M β -mercaptoethanol (β -ME, commercially available solutions are usually 14.3 M), alternatively dithiothreitol (DTT, 2 M stock solution), for purifying RNA from cell lines rich in RNases or from tissue
- Sterile, RNase-free pipette tips
- RNase-free needle and syringe for dissolving DNase
- Disposable gloves

For animal tissues: RNAprotect® Tissue Reagent (see Ordering Information, page 42) or liquid nitrogen

- Equipment and tubes for disruption and homogenization (see page 16). Depending on the chosen method, one or more of the following are required:
 - TissueRuptor® II with TissueRuptor Disposable Probes (see Ordering Information, page 42)
 - TissueLyser III or TissueLyser LT (see Ordering Information, page 42)
 - Mortar and pestle
 - QIAshredder homogenizer (see Ordering Information, page 42)

Important Notes

Determining the correct amount of starting material — cells

The minimum amount of starting material is generally 100 cells, while the maximum amount depends on the RNA content of the cell type but should not exceed 5×10^6 cells.

RNA content can vary greatly between cell types. The following examples illustrate how to determine the maximum amount of starting material:

- COS cells have high RNA content (approx. 35 µg RNA per 1×10^6 cells)
- HeLa cells have average RNA content (approx. 15 µg RNA per 1×10^6 cells)
- NIH/3T3 cells have low RNA content (approx. 10 µg RNA per 1×10^6 cells)

In general, we recommend starting with no more than $2\text{--}3 \times 10^6$ cells. Depending on RNA yield and purity, it may be possible to increase the cell number in subsequent preparations.

Counting cells is the most accurate way to quantify the amount of starting material. As a guide, the number of HeLa cells obtained in various culture vessels after confluent growth is given in Table 1.

Table 1. Growth area and number of HeLa cells in various culture vessels

Cell-culture vessel	Growth area (cm ²)*	Number of cells†
Multiwell plates		
96 well	0.32–0.6	$4\text{--}5 \times 10^4$
48 well	1	1×10^5
24 well	2	2.5×10^5
12 well	4	5×10^5

Table 1. Growth area and number of HeLa cells in various culture vessels (continued)

Cell-culture vessel	Growth area (cm ²)*	Number of cells†
6 well	9.5	1 x 10 ⁶
Dishes		
35 mm		1 x 10 ⁶
60 mm		2.5 x 10 ⁶
100 mm		7 x 10 ⁶
145–150 mm		2 x 10 ⁷

* Per well, if multiwell plates are used; varies slightly depending on the supplier.

† Cell numbers are given for HeLa cells (approximate length = 15 µm), assuming confluent growth. Cell numbers will vary for different kinds of animal cells, which vary in length from 10 to 30 µm.

Determining the correct amount of starting material — tissue

The maximum amount of tissue that can be processed depends on the RNA content of the tissue. In general, a maximum of 30 mg tissue can be processed with the EZ2 procedure. If you have no information about the nature of your starting material, we recommend starting with no more than 10 mg of tissues.

Weighing tissue is the most accurate way to quantify the amount of starting material. However, the following may be used as a guide. A 3 mm cube (volume = 27 mm³) of most animal tissues weighs 25–35 mg.

Handling and storage of starting material

RNA is not protected after harvesting until the sample is treated with RNAProtect Cell Reagent (cultured cells only) or RNAProtect Tissue Reagent (animal tissues only), flash-frozen, or disrupted and homogenized in the presence of RNase-inhibiting or denaturing reagents. Otherwise, unwanted changes in the gene expression profile will occur. It is therefore important that samples are immediately frozen in liquid nitrogen and stored at -90°C to -65°C (animal tissues only), processed as soon as harvested, or immediately immersed in RNAProtect Cell Reagent or RNAProtect Tissue Reagent. Animal cells can be pelleted and then stored at -90°C to -65°C until required for RNA purification.

An alternative to RNAProtect Tissue Reagent is Allprotect[®] Tissue Reagent, which provides immediate stabilization of DNA, RNA, and protein in tissue samples at room temperature. Because RNAProtect Tissue Reagent– or Allprotect Tissue Reagent–stabilized tissues are partially dehydrated, a lower amount is used as starting material.

The procedures for harvesting and RNA protection should be carried out as quickly as possible. Frozen samples should not be allowed to thaw during handling or weighing. After disruption and homogenization in Buffer RLT, samples can be stored at -90°C to -65°C for months.

Disrupting and homogenizing starting material

Efficient disruption and homogenization of the starting material is a requirement for all total RNA purification procedures. Disruption and homogenization are two distinct steps:

- **Disruption:** Complete disruption of plasma membranes of cells and organelles is essential to release all the RNA contained in the sample. Different samples require different methods to achieve complete disruption. Incomplete disruption significantly reduces RNA yields.

- Homogenization:** Homogenization is necessary to reduce the viscosity of the lysates produced by disruption. Homogenization shears high-molecular-weight genomic DNA and other high-molecular-weight cellular components to create a homogeneous lysate. In the EZ2 RNA/mRNA Tissue/Cells procedure, genomic DNA is removed by organic extraction, allowing to homogenize up to 1×10^5 cells by vortexing. If more cells must be processed, additional homogenization is required. Incomplete homogenization results in inefficient binding of RNA to magnetic particles, significantly reducing RNA yields.

Some disruption methods simultaneously homogenize the sample, whereas others require an additional homogenization step. Table 2 gives an overview of different disruption and homogenization methods and is followed by a detailed description of each method. This information can be used as a guide to choose the appropriate methods for your starting material.

Table 2. Guide to methods of disruption and homogenization of samples

Sample	Disruption method	Homogenization method	Comments
Animal cells	Addition of lysis buffer	TissueRuptor II or QIAshredder homogenizer or syringe and needle or vortexing ($\leq 3 \times 10^6$ cells)	If processing $\leq 1 \times 10^5$ cells, lysate can be homogenized by vortexing.
Animal tissues	TissueLyser III or TissueLyser LT	TissueLyser III or TissueLyser LT	The TissueLyser III and TissueLyser LT give results comparable to using a rotor–stator homogenizer.
Animal tissues	TissueRuptor II	TissueRuptor II	Simultaneously disrupts and homogenizes
Animal tissues	Mortar and pestle	QIAshredder homogenizer or syringe and needle	The TissueRuptor II usually gives higher yields than mortar and pestle

Disruption and homogenization using the TissueRuptor II

The TissueRuptor II is a rotor–stator homogenizer that thoroughly disrupts and simultaneously homogenizes single animal tissue samples in the presence of lysis buffer in 15–90 seconds, depending on the toughness and size of the sample. The TissueRuptor II can also be used to homogenize cell lysates. The blade of the TissueRuptor II disposable probe rotates at a very high speed, causing the sample to be disrupted and homogenized by a combination of turbulence and mechanical shearing. For guidelines on disruption and homogenization of animal tissues using the TissueRuptor II, refer to the *TissueRuptor II Handbook*. For other rotor–stator homogenizers, please refer to suppliers’ guidelines for further details.

Disruption and homogenization using the TissueLyser III or TissueLyser LT

In bead milling, cells and tissues can be disrupted by rapid agitation in the presence of beads and lysis buffer. Disruption and simultaneous homogenization occur by the shearing and crushing action of the beads as they collide with the cells. Disruption efficiency is influenced by the following:

- Size and composition of beads
- Ratio of buffer to beads
- Amount of starting material
- Speed and configuration of the TissueLyser III or TissueLyser LT
- Disintegration time

Stainless-steel beads with a 3–7 mm diameter are optimal for use with animal tissues. All other disruption parameters must be determined empirically for each application. For guidelines on disruption and homogenization of tissues using the TissueLyser III and stainless-steel beads, refer to Appendix A (page 33). For other bead mills, please refer to the suppliers’ guidelines for further details.

Disruption using a mortar and pestle

For disruption using a mortar and pestle, freeze the animal tissue immediately in liquid nitrogen and grind to a fine powder under liquid nitrogen. Transfer the suspension (tissue powder and liquid nitrogen) into a liquid-nitrogen-cooled, appropriately sized tube, and allow the liquid nitrogen to evaporate without allowing the sample to thaw. Add lysis buffer, and continue as quickly as possible with the homogenization according to one of the two methods below.

Note: Grinding the sample using a mortar and pestle will disrupt the sample but will not homogenize it. Homogenization must be performed afterwards.

Homogenization using QIAshredder homogenizers

Using QIAshredder homogenizers is a fast and efficient way to homogenize cell and tissue lysates without cross-contamination of samples. Up to 700 μL of lysate is loaded onto a QIAshredder spin column placed in a 2 mL collection tube and spun for 2 minutes at maximum speed in a microcentrifuge. The lysate is homogenized as it passes through the spin column.

Homogenization using a syringe and needle

Cell and tissue lysates can be homogenized using a syringe and needle. Lysate is passed through a 20-gauge (0.9 mm) needle attached to a sterile plastic syringe at least 5–10 times or until a homogeneous lysate is achieved. Increasing the volume of lysis buffer may be required to facilitate handling and minimize loss.

Preparation of buffers

Preparing DNase I stock solution

Prepare DNase I stock solution by dissolving the lyophilized DNase I (1500 Kunitz units) in 550 μL RNase-free water. In some cases, the vial of DNase may appear to be empty. This is due to lyophilized enzyme sticking to the septum. To avoid loss of DNase I, do not open the vial. Inject RNase-free water into the vial using an RNase-free needle and syringe. Mix gently by inverting the vial. Do not vortex.

Insoluble material may remain when dissolving DNase. This does not affect DNase performance. Due to the production process, insoluble material may be present in the lyophilized DNase. However, rigorous QC tests are carried out to ensure that DNase activity remains consistent from lot to lot.

Note: Do not vortex reconstituted DNase I as it is sensitive to physical denaturation. Mixing should only be carried out by gently inverting the vial.

For long-term storage of DNase I, remove the stock solution from the vial, divide it into single-use aliquots, and store at -30°C to -15°C for up to 9 months. Thawed aliquots can be stored at $2-8^{\circ}\text{C}$ for up to 4 weeks. Do not refreeze the aliquots after thawing.

Working with the EZ2 Connect instrument

The main features of EZ2 Connect instruments include the following:

- Purification of high-quality nucleic acids from up to 24 samples per run
- Small footprint to save laboratory space
- Preprogrammed protocols for nucleic acid purification
- Prefilled, sealed reagent cartridges for easy, safe, and fast run setup
- Complete automation of nucleic acid purification, from opening of reagent cartridges to elution of nucleic acids, with no manual centrifugation steps
- Optional bar code reading and sample tracking
- Kit data tracking with the Q-Card provided in the kit
- UV LED to help eliminate sample carryover from run to run and to allow pathogen decontamination on the worktable surfaces

Note: UV decontamination helps to reduce possible pathogen contamination of the EZ2 Connect worktable surfaces. The efficiency of inactivation has to be determined for each specific organism and depends, for example, on layer thickness and sample type. QIAGEN cannot guarantee complete eradication of specific pathogens.

EZ2 Connect reagent cartridges

Reagents for the purification of nucleic acids from a single sample are contained in a single reagent cartridge (Figure 2). Each well of the cartridge contains a particular reagent, such as magnetic particles, lysis buffer, wash buffer, or elution buffer. Positions 11 and 12 can be equipped individually. Details on preparation of these positions are displayed during the run setup on the LED display of the EZ2 Connect.

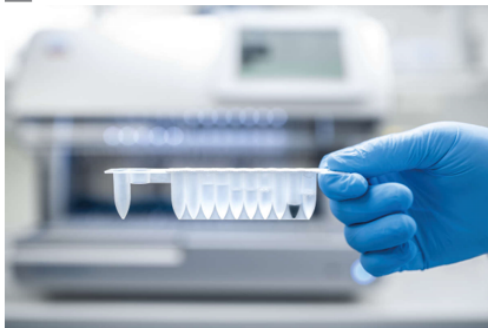
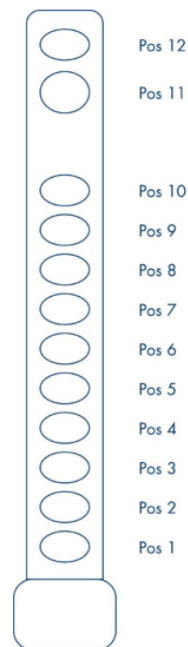
A**B**

Figure 2. Ease of worktable setup using reagent cartridges. (A) A sealed, prefilled reagent cartridge. Fill levels vary, depending on the type of reagent cartridge. **(B)** Loading reagent cartridges into the cartridge rack. The cartridge rack itself is labeled with an arrow to indicate the direction in which reagent cartridges must be loaded. Each reagent cartridge contains 12 individual positions.

EZ2 Connect tip racks

The EZ2 Connect tip racks hold tips inserted into tip holders and tubes for samples or elution (Figure 3). Details on how to equip the tip racks are displayed during the run setup on the LED display of the EZ2 Connect.



Figure 3. The EZ2 Connect Tip Rack (A) has 4 positions label A–D by engravings. It is designed to hold sample and elution tubes as well as tips in their respective tip holders (B).

Worktable

The worktable of EZ2 Connect instruments is where the user equipped cartridge and tip racks (Figure 4).

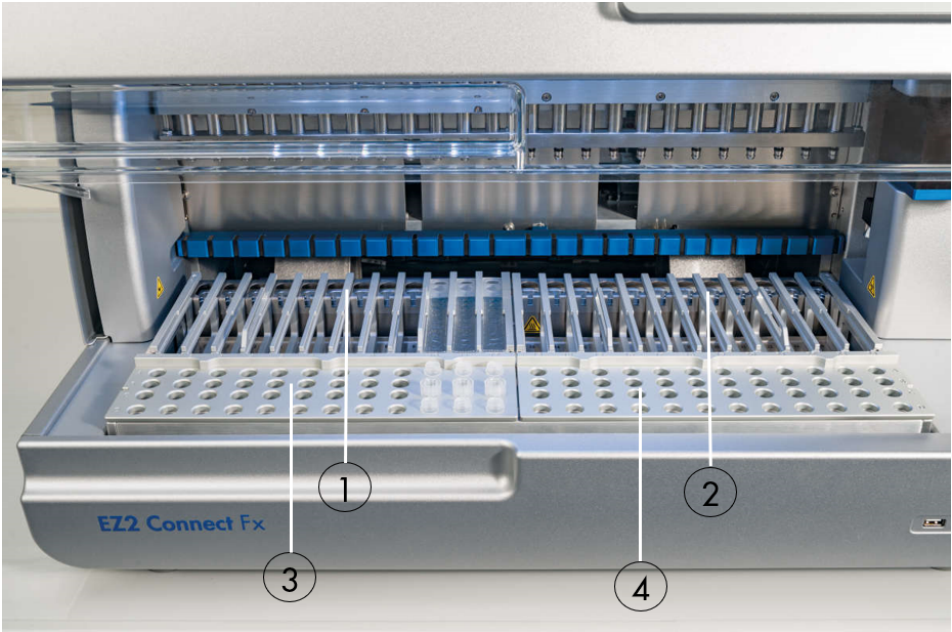


Figure 4. EZ2 Connect Worktable.

- | | | | |
|----------|-----------------------------------|----------|-----------------------------------|
| 1 | EZ2 Connect Cartridge Rack – left | 2 | EZ Connect Cartridge Rack – right |
| 3 | EZ Connect Tip Rack – left | 4 | EZ Connect Tip Rack – right |

Operation of the EZ2 Connect

The EZ2 Connect provides various features to support the sample preparation workflow. These include functions for remote access via QIA sphere®, data input via bar code reading, data storage and transfer, report generation, and guided instrument maintenance. For more information about these features, please refer to the *EZ2 Connect and EZ2 Connect Fx User Manual* (www.qiagen.com/HB-2908).

Protocol: EZ2 RNA/miRNA Tissue/Cells Kit

Important notes before starting

- Before first use, resuspend the DNase I with 550 μL of the supplied RNase-free water. The solution can be stored at 2–8°C for up to 4 weeks or should be aliquoted and stored at –30°C to –15°C for extended time periods while avoiding freeze–thaw cycles.
- The EZ2 RNA/miRNA Tissue/Cells Kit is shipped at room temperature (15–25°C). Upon receipt, store the lyophilized DNase I at 2–8°C. Store all other kit components dry at room temperature.
- If purifying RNA from cell lines rich in RNases or from tissue, we recommend adding either β -mercaptoethanol (β -ME) or 2 M dithiothreitol (DTT) to Buffer RLT before use (10 μL β -ME or 20 μL DTT per 1 mL Buffer RLT). Buffer RLT containing DTT or β -ME can be stored at room temperature for up to 1 month.
- Before adding DNase into the reagent cartridges and loading them into the EZ2 Connect instrument, invert the cartridges four times to mix the magnetic particles and then tap to deposit the reagents at the bottom of the wells. Make sure that the magnetic particles are completely resuspended.
- In the following procedure, text marked with ● denotes RNA purification from cells, and text marked with ▲ denotes RNA purification from tissue samples.

Procedure

Homogenization and lysis of cells or tissue samples

1. For ● cells, perform the following steps:
 - Harvest cells as a cell pellet or, for cells grown in a monolayer, aspirate and discard the cell-culture medium from the cell-culture vessel (up to 10 cm diameter).
 - Add 300 µL Buffer RLT to either the pellet or the cell-culture vessel, and homogenize (Table 1). Proceed to step 2.

For ▲ tissue samples, perform the following:

- Add 300 µL Buffer RLT to tissue sample, and then disrupt and homogenize (Table 2). Proceed to step 2.
2. Add 75 µL RNase-free water and 25 µL Proteinase K, and mix and incubate for 10 min at room temperature. In the meantime, prepare the worktable as described below.

Note: See Table 1 for the amount of starting material, and see Table 2 for disruption and homogenization methods. Using more than the maximum recommended amount of the starting material may result in reduced RNA yields and purity.

RNA purification

3. Turn on the EZ2 Connect instrument.

Important: Ensure that the heating block of the EZ2 Connect instrument is at room temperature.

4. Tap **RNA** on the Applications panel, then select the **RNA/miRNA from Tissue/Cells** and press **Next**.
5. Choose the **RNA/miRNA** protocol, and press **Next**.
6. Choose elution volume and press **Next**.

7. Select positions on the work deck according to the number of samples to be processed, and press **Next**.
8. Enter sample IDs or press **Generate missing sample IDs**. Then press **Next**.
9. Add 20 μ L DNase to well 5 of the RNA/miRNA Tissue/Cells reagent cartridges and load it into the respective positions of the EZ2 Connect Cartridge Rack as selected in step 7 (Figure 3).
10. Open the instrument hood. Load the EZ2 RNA/miRNA reagent cartridges into respective positions of the EZ2 Connect Cartridge Rack as selected in step 7.
11. Remove the caps of all sample and elution tubes and prepare the EZ2 Connect Tip Racks as follows (Figure 3):
 - **Position A:** 2 mL tube containing 400 μ L lysate from step 2
 - **Position C:** Tip holder with Filter Tip
 - **Position D:** 1.5 mL elution tube
12. Place the EZ2 Connect Tip Racks into the EZ2 Connect instrument. Press **Next**.
13. Start the run according to the instructions on the instrument display.
14. The display will show "Protocol finished" when the run is completed. Select **Finish**.
15. Open the instrument hood. Remove the elution tube containing purified nucleic acid from position D of the EZ2 Connect Tip Rack. Discard the used cartridge including the liquid waste.

Optional: Follow the on-screen instructions for UV decontamination of worktable surfaces.
16. Perform regular maintenance after each run. Press Finish to return to the home screen.

Troubleshooting Guide

This troubleshooting guide may be helpful in solving any problems that may arise. For more information, see also the Frequently Asked Questions page in our Technical Support Center: www.qiagen.com/FAQ/FAQList.aspx. The scientists in QIAGEN Technical Services are always happy to answer any questions you may have about either the information or protocols in this handbook (for contact information, visit support.qiagen.com).

Comments and suggestions	
General handling	
Insufficient reagent aspirated	After inverting the reagent cartridges to resuspend the magnetic particles, make sure to tap the cartridges to deposit the reagents at the bottom of the wells.
Magnetic particles not completely resuspended	Make sure to resuspend the magnetic particles thoroughly before loading the reagent cartridges into the holder.
Error message in instrument display	Refer to the user manual supplied with your EZ2 Connect instrument.
Clogging of tips	Too much starting material. Some tissues contain high amounts of gDNA (e.g., spleen or lung), which might lead to clogging the tips. Reduce the input amount to reduce clogging issues.
Reagents loaded onto the worktable in wrong order	Ensure that all tubes and the tip holders with the tips are loaded onto the worktable in the correct order. Repeat the purification procedure with new samples.
RNA degraded	
Inappropriate handling of starting material	Ensure that tissue samples are properly stabilized and stored in RNAprotect Tissue Reagent. For frozen cell pellets or frozen tissue samples, ensure that they were flash-frozen immediately in liquid nitrogen and properly stored at -90°C to -65°C. Perform the RNeasy® procedure quickly, especially the first few steps. See Appendix B (page 35) and "Handling and storage of starting material" (page 16).

Comments and suggestions

RNase contamination

Although all buffers in the EZ2 RNA/miRNA Tissue/Cells Kit have been tested and are guaranteed RNase free, RNases can be introduced during use. Be certain not to introduce any RNases during the procedure or later handling. See Appendix B (page 35) for general remarks on handling RNA.

DNA contamination in downstream experiments

Cell number too high

For some cell types, the efficiency of DNA removal may be reduced when processing very high cell numbers (containing more than 20 µg genomic DNA). If the eluted RNA contains substantial DNA contamination, try processing smaller cell number or perform second DNase digestion of the eluted RNA followed by RNA cleanup.

Tissue has high DNA content

For certain tissues with extremely high DNA content (e.g., thymus), DNA may not be completely removed. Try using smaller samples (containing less than 20 µg genomic DNA) or perform second DNase I digestion of the eluted RNA followed by RNA cleanup.

Low or no recovery of RNA

Too much starting material

In subsequent preparations, reduce the amounts of starting material. It is essential to use the correct amount of starting material (see page 14).

Inefficient disruption and/or homogenization

See "Disrupting and homogenizing starting material" (page 16) for a detailed description of homogenization methods.

Reference

1. Kunitz, M. (1950). Crystalline desoxyribonuclease; isolation and general properties; spectrophotometric method for the measurement of desoxyribonuclease activity. J. Gen. Physiol. 33, 349–363.

Appendix A: Guidelines for Disruption and Homogenization of Tissues Using the TissueLyser III

The TissueLyser III and TissueLyser Adapter Set 2 x 24 allow high-throughput, rapid, and effective disruption of 48 biological samples in 2–4 minutes. Homogenization and disruption with the TissueLyser III give results comparable to using rotor–stator homogenization.

The following guidelines can be used for disruption and homogenization of tissues using the TissueLyser II. Alternatively, for small sample numbers, we recommend the TissueLyser LT. For more information, consult the TissueLyser LT Handbook. Be sure to work quickly to prevent RNA degradation.

Procedure

1. Pipet the appropriate volume of Buffer RLT into a 2 mL collection tube.
2. Add one stainless steel bead to each tube. For best results, using a 5 mm (mean diameter) stainless steel bead is recommended.
3. Add up to 30 mg tissue per tube.
4. Homogenize on the TissueLyser III for 2 min at 20 Hz. Homogenization time depends on the tissue used and can be extended until the tissue is completely homogenized (up to 5 min at 25 Hz).
5. Rotate the TissueLyser rack to allow even homogenization and homogenize for another 2 min at 20 Hz. The TissueLyser Adapter Set should be disassembled, and the rack of tubes should be rotated so that the tubes that were nearest to the TissueLyser are now outermost.

6. Carefully transfer the homogenate to a new microcentrifuge tube (not supplied) by pipetting. Do not reuse the stainless steel bead.
7. Proceed with step Add 75 μ L RNase-free water and 25 μ L Proteinase K, and mix and incubate for 10 min at room temperature. In the meantime, prepare the worktable as described below. of the protocol on page 28.

Appendix B: General Remarks on Handling RNA

Handling RNA

Ribonucleases (RNases) are very stable and active enzymes that generally do not require cofactors to function. Because RNases are difficult to inactivate and even minute amounts are sufficient to destroy RNA, do not use any plasticware or glassware without first eliminating possible RNase contamination. Great care should be taken to avoid inadvertently introducing RNases into the RNA sample during or after the purification procedure. To create and maintain an RNase-free environment, the following precautions must be taken during pretreatment and use of disposable and nondisposable vessels and solutions while working with RNA.

General handling

Proper microbiological, aseptic technique should always be used when working with RNA. Hands and dust particles may carry bacteria and molds and are the most common sources of RNase contamination. Always wear latex or vinyl gloves while handling reagents and RNA samples to prevent RNase contamination from the surface of the skin or from dusty laboratory equipment. Change gloves frequently and keep tubes closed whenever possible. Keep purified RNA on ice when aliquots are pipetted for downstream applications. To remove RNase contamination from bench surfaces, nondisposable plasticware, and laboratory equipment (e.g., pipettes and electrophoresis tanks), use general laboratory reagents. To decontaminate plasticware, rinse with 0.1 M NaOH, 1 mM EDTA, followed by RNase-free water (see "Solutions", page 36), or rinse with chloroform^{*} if the plasticware is chloroform

^{*} When working with chemicals, always wear a suitable lab coat, disposable gloves and protective goggles. For more information, consult the appropriate safety data sheets (SDSs), available from the product supplier.

resistant. To decontaminate electrophoresis tanks, clean with detergent (e.g., 0.5% SDS)*, rinse with RNase-free water, then rinse with ethanol (if the tanks are ethanol resistant) and allow them to dry.

Disposable plasticware

The use of sterile, disposable polypropylene tubes is recommended throughout the procedure. These tubes are generally RNase-free and do not require pretreatment to inactivate RNases.*

Glassware

Glassware used for RNA work should be cleaned with a detergent,* thoroughly rinsed and oven baked at 240°C for at least 4 hours (overnight, if more convenient) before use. Autoclaving alone will not fully inactivate many RNases. Alternatively, glassware can be treated with diethyl pyrocarbonate (DEPC)*, as described in “Solutions” below.

Solutions

Solutions (water and other solutions) should be treated with 0.1% DEPC. DEPC is a strong, but not absolute, inhibitor of RNases. It is commonly used at a concentration of 0.1% to inactivate RNases on glass or plasticware or to create RNase-free solutions and water. DEPC inactivates RNases by covalent modification. Add 0.1 mL DEPC to 100 mL of the solution to be treated and shake vigorously to bring the DEPC into solution. Let the solution incubate for 12 hours at 37°C. Autoclave for 15 minutes to remove any trace of DEPC. DEPC will react with primary amines and cannot be used directly to treat Tris* buffers. DEPC is highly unstable in the presence of Tris buffers and decomposes rapidly into ethanol and CO₂. When preparing Tris buffers, treat water with DEPC first and then dissolve Tris to make the appropriate buffer. Trace amounts of DEPC will modify purine residues in RNA by carbethoxylation. Carbethoxylated

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RNA is translated with very low efficiency in cell-free systems. However, its ability to form DNA:RNA or RNA:RNA hybrids is not seriously affected unless a large fraction of the purine residues has been modified. Residual DEPC must always be eliminated from solutions or vessels by autoclaving or heating to 100°C for 15 minutes.

Note: The buffers of EZ2 RNA/miRNA Tissue/Cells Kit are guaranteed RNase-free without using DEPC treatment and are therefore free of any DEPC contamination.

Appendix C: Storage, Quantification, and Determination of Quality of RNA

Storage of RNA

Purified RNA may be stored at -70°C to -15°C in RNase-free water. Under these conditions, no degradation of RNA is detectable after 1 year.

Quantification of RNA

The concentration of RNA should be determined by measuring the absorbance at 260 nm (A_{260}) in a spectrophotometer (see “Spectrophotometric quantification of RNA” below). For small amounts of RNA, however, it may be difficult to determine amounts photometrically. Small amounts of RNA can be quantified using quantitative RT-PCR or fluorometric quantification.

Spectrophotometric quantification of RNA

To ensure significance, A_{260} readings should be greater than 0.15. An absorbance of 1 unit at 260 nm corresponds to 44 μg of RNA per milliliter ($A_{260} = 1 \rightarrow 4 \mu\text{g}/\text{mL}$). This relation is valid only for measurements at a neutral pH. Therefore, if it is necessary to dilute the RNA sample, this should be done in a buffer with neutral pH.* As discussed below (see “Purity of RNA”, page 40), the ratio between the absorbance values at 260 and 280 nm gives an estimate of RNA purity. When measuring RNA samples, be certain that cuvettes are RNase free, especially if the RNA is to be recovered after spectrophotometry. This can be accomplished by washing cuvettes with 0.1 M NaOH, 1 mM EDTA,* followed by washing with RNase-free water (see “Solutions”, page 36). Use the buffer in which the RNA is diluted to zero the

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spectrophotometer. An example of the calculation involved in RNA quantification is shown below:

Volume of RNA sample	= 100 µL
Dilution	= 10 µL of RNA sample + 490 µL of 10 mM Tris-Cl, pH 7.0 (1/50 dilution)
Measure absorbance of diluted sample in a 1 mL cuvette (RNase free)	
A_{260}	= 0.2
Concentration of RNA sample	$= 44 \text{ µg/mL} \times A_{260} \times \text{dilution factor}$ $= 44 \text{ µg/mL} \times 0.2 \times 50$ $= 440 \text{ µg/mL}$
Total amount	= concentration x volume in milliliters $= 440 \text{ µg/mL} \times 0.1 \text{ mL}$ $= 44 \text{ µg of RNA}$

Purity of RNA

For standard photometric measurements, the ratio of the readings at 260 and 280 nm (A_{260}/A_{280}) provides an estimate of the purity of RNA with respect to contaminants, such as protein, that absorb in the UV spectrum. However, the A_{260}/A_{280} ratio is influenced considerably by pH. Because water is not buffered, the pH and the resulting A_{260}/A_{280} ratio can vary greatly when using pure water. Lower pH results in a lower A_{260}/A_{280} ratio and reduced sensitivity to protein contamination.* For accurate values, we recommend measuring absorbance in 10 mM Tris-Cl, pH 7.5. Pure RNA has an A_{260}/A_{280} ratio of 1.9–2.1* in 10 mM Tris-Cl, pH 7.5. Always be sure to calibrate the spectrophotometer with the same solution used for dilution. For determination of RNA concentration; however, we recommend dilution of the sample in a buffer with neutral pH since the relationship between absorbance and concentration (A_{260} reading of 1 = 44 $\mu\text{g/mL}$ RNA) is based on an extinction coefficient calculated for RNA at neutral pH (see “Spectrophotometric quantification of RNA”, page 38).

DNA contamination

No currently available purification method can guarantee that RNA is completely free of DNA, even when it is not visible on an agarose gel. However, the EZ2 RNA/miRNA Tissue/Cells Kit will remove the vast majority of cellular DNA. gDNA Eliminator Solution helps to further reduce genomic DNA contamination; however, trace amounts of genomic DNA may still remain, depending on the amount and nature of the sample. For analysis of very low abundance targets, any interference by residual DNA contamination can be detected by performing real-time RT-PCR control experiments in which no reverse transcriptase is added prior to the PCR step.

*Wilfinger, W.W., Mackey, M., and Chomczynski, P. (1997) Effect of pH and ionic strength on the spectrophotometric assessment of nucleic acid purity. *BioTechniques* 22, 474.

*Values up to 2.3 are routinely obtained for pure RNA (in 10 mM Tris-Cl, pH 7.5) with some spectrophotometers.

To prevent any interference by DNA in real-time RT-PCR applications, such as with Applied Biosystems® and Rotor-Gene® instruments, we recommend designing primers that anneal at intron splice junctions so that genomic DNA will not be amplified. QuantiTect® Primer Assays from QIAGEN are designed for SYBR® Green-based real-time RT-PCR analysis of RNA sequences (without detection of genomic DNA) where possible (see www.qiagen.com/GeneGlobe). For real-time RT-PCR assays where amplification of genomic DNA cannot be avoided, we recommend using the QuantiTect Reverse Transcription Kit for reverse transcription. The kit integrates fast cDNA synthesis with rapid removal of genomic DNA contamination (see Ordering Information, page 42).

Integrity of RNA

The integrity and size distribution of total RNA purified with RNeasy Plus Universal Kits can be checked by denaturing agarose gel electrophoresis and ethidium bromide staining* or by using the QIAxcel® system or Agilent® 2100 Bioanalyzer. Ribosomal RNAs should appear as sharp bands or peaks. The apparent ratio of 28S rRNA to 18S rRNA should be approximately 2:1. If the ribosomal bands or peaks of a specific sample are not sharp but appear as a smear towards smaller sized RNAs, it is likely that the sample suffered major degradation either before or during RNA purification. As a useful measure of RNA integrity, the QIAxcel Advanced system and the Agilent 2100 Bioanalyzer provide an RNA integrity score (RIS) and an RNA integrity number (RIN), respectively. Ideally, the value should be close to 10, but in many cases (particularly with tissue samples), RNA quality is greatly influenced by how well the original sample was preserved.

*When working with chemicals, always wear a suitable lab coat, disposable gloves and protective goggles. For more information, consult the appropriate safety data sheets (SDSs), available from the product supplier.

Ordering Information

Product	Contents	Cat. no.
EZ2 RNA/miRNA Tissue/Cells Kit (48)	For 48 preps: EZ2 RNA/miRNA Tissue/Cells cartridge, Filter Tips and Holders, Tubes, RNase-free DNase, Buffer RLT, Proteinase K	959035
EZ2 Connect	Benchtop instrument for automated isolation of nucleic acids from up to 24 samples in parallel, using sealed prefilled cartridges; includes 1-year warranty on parts and labor	9003210
Accessories and reagents		
Allprotect Tissue Reagent (100 mL)	For immediate stabilization of DNA, RNA, and protein in tissues	76405
RNAprotect Tissue Reagent (50 mL)	For stabilization of RNA in 25 x 200 mg tissue samples: 50 mL RNAprotect Tissue Reagent	76104
RNAprotect Tissue Reagent (250 mL)	For stabilization of RNA in 125 x 200 mg tissue samples: 250 mL RNAprotect Tissue Reagent	76106
RNAprotect Cell Reagent (250 mL)	250 mL RNAprotect Cell Reagent	76526
Filter Tips and Holders, EZ1 (50)	50 Disposable Filter-Tips, 50 Disposable Tip Holders; additional tips and holders for use with EZ1, EZ1&2 and EZ2 Kits	994900
QuantiTect Primer Assay (200)	Genome-wide, bioinformatically validated primer sets for use in SYBR Green-based real-time RT-PCR on any cyclor	249900
QuantiTect Reverse Transcription Kit (50)	For fast and convenient procedure for cDNA synthesis with integrated genomic DNA removal	205311
QIAshredder (50)	50 disposable cell-lysate homogenizers for use in nucleic acid minipreps	79654
QIAshredder (250)	250 disposable cell-lysate homogenizers for use in nucleic acid minipreps	79656
Instruments		
TissueRuptor II	Handheld rotor–stator homogenizer, 5 TissueRuptor Disposable Probes	9002755

Product	Contents	Cat. no.
TissueLyser III	Bead mill with touch screen for simultaneous disruption of up to 192 samples	9003240
TissueLyser LT	Compact bead mill for simultaneous disruption of up to 12 samples	85600

For up-to-date licensing information and product-specific disclaimers, see the respective QIAGEN kit handbook or user manual. QIAGEN kit handbooks and user manuals are available at www.qiagen.com or can be requested from QIAGEN Technical Services or your local distributor.

Document Revision History

Date	Changes
February 2022	Initial revision
July 2025	Updated Kit Contents, Safety Information, Introduction, Equipment and Reagents to be Supplied by User, Important Notes, EZ2 RNA/miRNA Tissue/Cells Kit Protocol, Troubleshooting Guide, Appendix B, Appendix C, and Ordering Information. Added the Guidelines for Disruption and Homogenization of Tissues Using TissueLyser III (Appendix A).

Limited License Agreement for EZ2 RNA/miRNA Tissue/Cells Kit

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